## DRUG

Academy of Perinatal Harm Reduction

## data from TRIPSIT

whose mission is to provide open discussion of harm reduction techniques and positive support.

## INTERACTIONS

Most people are polysubstance users. We use more than one thing at a time. Because of this, it's important for us to know how the substances we use interact. When we combine substances we may reduce their benefits, amplify their effects, or even put our lives in danger. GET INFORMED.



WARNING



alcohol opioids



alcohol benzos



opioids benzos

NOTE: If you are using more than one of these medications at the same time you can work closely with your prescriber to maximize the positive therapeutic benefits of these drug combinations while being careful to minimize the risks of taking them together.